




SARATOGA COUNTY OFFICE FOR THE AGING- December 2015
HOME DELIVERED MEALS 363-4020 or 363-4033

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Tuna Salad on Rye Marinated Vegetable Salad Cottage Cheese Pineapple Juice	2 Sweet & Sour Pork Rice Wax Beans Wheat Bread Apricots	3 Open Face Turkey Sandwich Butternut Squash Peas Apple Crisp	4 Meat & Cheese Lasagna Italian Blend Vegetables Mixed Green Salad w/Italian Dressing Garlic Bread Tropical fruit
7 Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Italian Bread Yogurt	8 Chicken & Dumplings Spinach Dinner Roll Warm Peaches	9 Swiss Steak Buttered Noodles California Blend Vegetables Oat Bread Apples & Raisins	10 Ham w/Fruit Sauce Scalloped Potatoes Cabbage Rye Bread Fruit Jell-O	11 Mrs. Friday's Fish Succotash Macaroni Salad Tartar Sauce Warm Berry Crisp
14 Chili Beets Warm Cornbread Apple	15 Baked Fish w/Dill Sauce Vegetable Rice Pilaf Spinach Rye Bread Pears	16 Pork Chop w/Fiesta Sauce Orzo Pasta Brussels Sprouts Wheat Bread Fruit Jell-O	17 Steak Parmesan Pasta w/sauce Broccoli Italian Bread Mandarin Oranges	18 Christmas Special Stuffed Chicken Breast Sour Cream & Chive Mashed Potatoes Glazed Carrots Dinner Roll Red Velvet Cake w/Cream Cheese Frosting 
21 Stuffed Shells Broccoli Garlic Bread Apricots	22 Chicken Divan Rice Prince Edward Vegetables Dinner Roll Peaches	23 Italian Wedding Soup Italian Green Beans Garlic Bread Yogurt	24 CLOSED	25 CLOSED 
28 Hamburger w/Mushroom Gravy Mashed Sweet Potatoes Cauliflower Wheat Bread Pineapple	29 Spaghetti w/Meatballs Mixed Green Salad w/1000 Island Dressing Parmesan Cheese Garlic Bread Tropical Fruit	30 New Year's Special Roast Beef w/Gravy Mashed Potatoes Peas & Carrots Dinner Roll Strawberry Layer Cake	31 Chicken Alfredo Pasta Zucchini & Tomatoes Italian Bread Mandarin Oranges	

Menu Subject To Change

Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**